

SHERMAN GARDENS COOPERATIVE NEIGHBOR TO NEIGHBOR RESOURCE LIST

Basic Information

[Centers for Disease Control and Prevention](#)
[State of Illinois Coronavirus \(COVID-19\) Response](#)
[Illinois Department of Public Health](#)

IDPH Hotline: 1-800-889-3931, dph.sick@illinois.gov

[Northwestern University](#)

[ETHS District 202](#)

[Evanston/Skokie School District 65](#)

[Governor's Office COVID-19 Legislative Briefing](#)

[NorthShore University HealthSystem](#)

Cook County COVID-19 Hotline: 708-633-3319, ccdph.covid19@cookcountyhhs.org

State of Illinois virus Hotline: 1-800-889-3931

Illinois Senior Hotline: 1-800-252-8966

Useful video about what to do with groceries and take out items when you bring them home

<https://www.youtube.com/watch?v=sjDuwc9KBps&feature=youtu.be>

State of Illinois Information

[IDES Unemployment Benefits for employees](#)

[State of Illinois COVID-19 Small Business Impact Survey](#)

[IDES Unemployment Insurance](#)

[Information for Small Business](#)

State of Illinois Stay at Home FAQs:

Essential activities. Illinois residents can continue to leave home for essential activities and essential business, including taking care of family members, visiting the doctor, and purchasing groceries. Residents can also leave home for outdoor activities, such as walking or biking, but should practice social distancing while doing so.

<https://www2.illinois.gov/sites/coronavirus/FAQ/Pages/Stay-At-Home-FAQS.aspx#h17>

Local Evanston Information

Financial Assistance

The City's Health and Human Services Department offers financial and emergency assistance towards rent, mortgage, utilities and food. For information, please call/text 847-448-4311.

Internet/Phone

Comcast Xfinity is offering free WiFi hotspots across the country for anyone who needs them, including non-Xfinity Internet subscribers. For a map of Xfinity WiFi hotspots, visit [xfinity.com/wifi](https://www.xfinity.com/wifi). Comcast is also offering Internet Essentials free to new customers. New customers will receive 60 days of complimentary Internet Essentials service, which is normally available to all qualified low-income households for \$9.95/month. More information and services can be found at corporate.comcast.com.

Shopping Hours for Seniors and Vulnerable Populations

Several grocery stores have implemented special shopping hours for seniors and those most vulnerable to COVID-19, including Target (Wednesdays, 7 a.m. to 9 a.m.), Whole Foods (daily, 8 a.m. to 9 a.m.), Jewel-Osco (Tuesdays and Thursdays, 7 a.m. to 9 a.m.), and Valli Produce (Tuesdays and Thursdays, 6-8 a.m beginning March 31), Sam's Club (Tuesday and Thursday's 7-9am.), Costco (Tuesday, Wednesday and Thursday 8-9 am)

View the [Illinois Retail Merchants Association \(IRMA\) website](#) for a complete list.

Local Delivery Services for Food and Medicine

Note 1) it is hard to pin down delivery fees for a single order prior to putting in the order.

Note 2) Please tip generously, whatever service you use

Note 3) Remember to use social distancing and cleaning practices

Note 4) Its best to order early in the morning and a few days before you actually need groceries in order to ensure you get an available delivery time.

If you have a computer, [Instacart.com](https://www.Instacart.com) is a general delivery service. You pick a store or stores you want them to shop at and a delivery time (need to be flexible). They deliver from many local stores including Binny's, Petco, Fresh Market, Target, Aldi's, Sam's Club, Costco (even if you are not a member), Jewel, Food4 Less, CVS, Mariano's. Not Trader Joes. If you join Instacart Express on monthly or annual basis there is no delivery fee for orders over \$35. Otherwise, fees may vary, typically \$3.99-7.99. Minimum order amount is \$10.

If you don't have a computer or internet, you can use a local grocery delivery service called Telegrocers – 847-726-1481. You can order groceries over the phone M-F 10 am-5 pm. Minimum order is \$60. Service fee starts at \$7.50 in addition to delivery fee.

Jewel/Osco 1128 Chicago Ave, Evanston. 847-869-7950 \$30 minimum order
Delivery fees \$3.95-5.95; Service fee: \$4.95

Whole Foods – 1640 Chicago Ave, Evanston 847-733- 1600. 9 am-8 pm. Need to have Amazon Prime account. Free delivery after 2 hours from shopping online, though currently delivery and available items may be limited.

Target – 1616 Sherman Ave 847-448-1816. 7am-9 pm M-F; 8 am-9 pm S-S. Shipt is primary delivery service for Target. Costs \$14/month for free delivery; Also free 2 day delivery if order is over \$35 or you use your Red Card. Items may be unavailable or delayed.

Walmart 3626 W. Touhy, 847-983-1409 7 am-8:30 pm.

Walmart 6840 N. McCormick Blvd 847-983-5307 Delivery hours 11-7. Order online:
grocery.walmart.com

Mariano's 3358 W. Touhy, Skokie 847-763-8801 -- Use Instacart.com

Sam's Club 2450 Main St, Evanston. 847-491-9000. Use Instacart.com

Costco 7311 N. Melvina Ave, Niles 847-972-3003 Use Instacart.com

CVS 1711 Sherman 847-328-3105 7am-8pm Free delivery with Carepass (\$5 month; Currently delivering through Shipt (see above for Target)

Walgreens also has delivery but it's unclear through which service. Call your local store.

Computer Repair

Many of us are telecommuting and if you are having difficulty with your work from home set up or if your computer is giving you trouble, [Lapin Systems](#) and [High Performance Computers](#) are available for computer repairs. Support is also available remotely, please call ahead for an appointment.

Still Open in Evanston

Neighborhood hardware stores [Lemoi Ace Hardware](#) and [Harolds True Value Hardware](#) remain open for needed household tools and supplies.

The world needs to be cleaner than ever right now. Many local dry cleaners, including [Kenny the Kleener](#), [Soapie's Dry Cleaning & Tailoring](#), [Lake City Cleaners](#), [Swan Lake Cleaners](#), and [Tide Cleaners](#), are open for business!

There are lots of local restaurants with carry out and/or delivery :

<http://www.evanstonedge.com/keep-calm-carry-out>

Other open businesses: See <https://downtownevanston.org/shoponline>

Vinic Wine is open for walk-up and pick-up orders from 12pm-5pm and will be doing deliveries from 5-7pm (you can call during the day but deliveries are only during this time.) Please call 847-733-7000 or email info@vinicwine.com to place an order.

Fun, entertainment, art, classes

Museums:

Chicago Art Institute:

<https://www.artic.edu/collection>

Guggenheim in New York: <https://artsandculture.google.com/streetview/solomon-r-guggenheim-museum-interior-streetview/jAHfbv3JGM2KaQ?hl=en&sv lng=->

[73.95902634325634&sv_lat=40.78285751667664&sv_h=31&sv_p=0&sv_pid=MfnUmHRyOSzMtY3vtYU05g&sv_z=1](https://www.google.com/maps/@40.7828575,1667664,31h/data=!3m1!1e3!3m2!1s73.95902634325634&sv_lat=40.78285751667664&sv_h=31&sv_p=0&sv_pid=MfnUmHRyOSzMtY3vtYU05g&sv_z=1)

The British Museum in London: <https://artsandculture.google.com/partner/the-british-museum>

Acropolis Museum in Athens: https://artsandculture.google.com/streetview/acropolis-museum/lwFUpQvIJ1QDVA?hl=en&sv_lng=23.7282032&sv_lat=37.9681684&sv_h=13.757231147478986&sv_p=-5.804563599554513&sv_pid=t65OTd11BloilNk1Y00BqQ&sv_z=1

Music

Evanston's Space – Livestreamed shows

<https://www.evanstonspace.com/livestream-listing>

Music lovers- free live and taped concerts like NPR series

<https://www.youtube.com/playlist?list=PL1B627337ED6F55F0>

The Chamber Music Society of Lincoln Center

<https://www.chambermusicsociety.org/watch-and-listen/>

The Berlin Philharmonic <https://www.digitalconcerthall.com/en/home>

The Philadelphia Orchestra

https://www.facebook.com/pg/PhilOrch/live_videos/?ref=page_internal

The Metropolitan Opera house has free streaming nightly (metopera.org)- link below gives you their schedule: <https://www.metopera.org/user-information/nightly-met-opera-streams/?referringSource=articleShare>

Bienen School of Music, Northwestern University

<https://www.music.northwestern.edu/davee-gallery>

Free Online Courses:

<https://www.mooc.org> is a website dedicated to online courses. They are free and offered by different universities around the world.

<https://www.kadenze.com> -their courses are also free, although you can become a member and have a wider access to it.

Etcetera

<https://artsandculture.google.com>

Levy Center on-line courses:

<https://content.govdelivery.com/accounts/ILEVANSTON/bulletins/282b2cd>

Fleetwood-Jourdain/Piven Theater Stay Creative program

<https://content.govdelivery.com/accounts/LEVANSTON/bulletins/282abbb>

Free Broadway shows: <https://www.broadwayhd.com>

Online Yoga, Tai Chi and Meditation with Body and Brain:

<https://www.youtube.com/bodynbrain?fbclid=IwAR1v3C3jqzaM7B5hj9XK4QQXiiPzoUdfA2YntXSxTyToFwcDZ3xAyDEah6I>

Free performance of Hamilton (though ads pop in unexpectedly):

<https://www.dailymotion.com/video/x77rvhb?fbclid=IwAR3LjBuaD-FghqJqZeyrWWqs44wSFjW8IZEoei5RR3IrdmHFWOoQWXqeRPA>

<https://covia.org/services/well-connected/> Well Connected is a program that offers free on-line discussion groups and classes of about 12 participants. There are many subjects to choose from. The groups are all accessible by phone and some also by tablet or other device. They meet at a set time each week and last from 30 minutes to an hour. There is a catalogue of programs on their website to check out. Newcomers can just listen in for awhile if they let others know they are there.

IMPORTANT NOTE: ALL INFORMATION AND LINKS ABOVE COME FROM REPUTABLE SOURCES BUT MAY NOT REMAIN CORRECT OVER TIME. PLEASE LET US KNOW IF YOU FIND SOMETHING TO BE INCORRECT, OR YOU FIND ADDITIONAL USEFUL INFORMATION YOU WANT TO SHARE.

FINALLY –

It's a good idea to have at least these basics on hand (depending on your family's allergies etc). in case a Helper or delivery service isn't available immediately. Think ahead!

Canned food including soup, tuna fish or salmon, etc
Pasta and pasta sauce
protein or fruit bars
Gatorade (for electrolytes)

Peanut butter
bread in the freezer
crackers
chocolate!!

hand sanitizer if you can find it
soap
deodorant
disposable gloves

Lysol
disinfectant wipes
toothpaste and brushes